

Travel Health Africa the boiling point?



Travel Health Africa 14-17 September 2016

Biennial Congress of The South African Society of Travel Medicine
and the
7th Regional Conference of The International Society of Travel Medicine



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Nelson Mandela Bay, comprises the city of Port Elizabeth, and the surrounding areas of Uitenhage and Despatch.

Located within South Africa's second largest province, the Eastern Cape, the traditional home of the Xhosa people and the birthplace of South African legends such as Nelson Mandela and Oliver Tambo.

Port Elizabeth, commonly referred to as the friendly city, is known for its hospitality and beautiful beaches. So named after the wife of Sir Rufane Donkin, who arrived with the 1820 settlers as its first governor. It was also the first arrival point for the great African explorer, David Livingstone, who spent some time in Algoa Bay, before moving inland and then into unreachd areas of Africa.

There are many activities based in and around the area which includes: bungee jumping, deep sea fishing, boating, scuba diving, surfing at the iconic J-Bay, canoeing, hiking and much more. The Eastern Cape is not known as South Africa's Adventure Province for nothing.

The third largest National Park in South Africa, the Addo Elephant National Park, is malaria free and a little over an hour's drive away. It is home to Africa's "Big 7" and the only place in the world one can see elephant, rhinoceros, lion, buffalo, leopard, whale and the great white shark in their natural habitat.

